

THE BOTANICAL MEDICINE OF WAT HUAY PONG

Observations made during visits to Wat Huay Pong at
the invitation of Phra Kru Vichien Panjawood Tho
between 2002 and 2006.



Acknowledgements:

I want to thank my teacher, Phra Kru Vichien Panyawuttho Tho for sharing his knowledge, wisdom and spirituality with me. In the Thai tradition, I also wish to thank his teachers; Phra Kru Ba Sri Wi Chai, Phra Kru Boonpun Thamapunyo, and Phra Kru Sripayatyanurak for passing on this knowledge.

Thanks to Kanchana Woraurai for the patience she showed in helping me to translate many concepts from Thai to English. Thanks to Dr. Ampai Panthong, of the Pharmacology Department at Chaing Mai Medical School, for her generous help in correlating the herbs used at the clinic to their scientific names as well as providing information on some of the botanical's current and historic uses. And finally, thanks to Kathleen Knight for her visits to the Wat, her observations, valuable input, and numerous corrections.

Stephen Knight
Bastyr University
14500 Juanita Drive NE
Kenmore, Washington 98028
Stephen.Knight@bastyr.edu



Table of Contents

Introduction	1
Background	
Phra Vichien Panjawood Tho	5
Wat Huay Pong	9
The Clinic	12
Kanchana Woraurai	14
Botanical Formulas	15
<i>Pramman</i>	17
<i>Supparoak</i>	20
Balm	24
Rejuvenation Formula	27
<i>Bumloong</i>	30
Kot Formula	35
Tong Formula	36
Garsorn Formula	37
Thian Formula	38
Downrung Skin Formula	39
Detoxification Tonic	41

Botanical Actions	43
Treatment Protocols	67
General	69
Diet	71
Steam Inhalation	74
Detoxification Protocol	77
Addiction Protocol	79
HIV	80
Renal Treatments	85
Kidney Diseases	86
Diabetes	87
Kidney Stones	90
UTI	91
Edema	92
Hypertension	93
<i>Pra Kop</i> Cancer Protocol	94
Dermatological	98
Skin Infections	99
Psoriasis	102
Miscellaneous:	
Gout	104
Systemic Sclerosis	105
Vomiting	106
Arthritis	107
Cough	108
The Herbs	109
Blessings and Spiritual Teachings	275
Initial Ceremony	276
A Teaching	278
A Blessing	279
<i>Chet</i> Ceremony	281
<i>Pindapata</i>	283

